



Coronavirus Update

Please note that due to the Covid-19 update, and in line with government advice, we have had to close our office in Templeton, with staff working from home.

Our groups are taking place online, please contact us if you would like to join a group.

If you need support, please call:

The Samaritans – 116 123

Breathing Space – 0800 83 85 87

You can email the Network:

info@mhngg.org.uk